

**Katherine Venturo-Conerly, A.M.**

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Cambridge, MA 02139

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**Education**

**HARVARD UNIVERSITY**

GPA: 4.00; Clinical Science Ph.D. Student  
Harvard Laboratory for Youth Mental Health  
Advisor: John Weisz, ABPP, Ph.D.

Cambridge, MA  
Expected Graduation: May, 2026

**HARVARD UNIVERSITY**

GPA: 3.97; A.B., Psychology, Global Health and Health Policy, Spanish.  
John Harvard Scholar; awarded to top 5% of graduating class  
Phi Beta Kappa, early inductee

Cambridge, MA  
March, 2020

**Honors and Awards**

**Karen Stone Fellowship (\$39,000)**

**2020-2023**

Fellowship awarded to one student annually by the Harvard clinical psychology faculty based on high potential for an independent clinical research career.

**Finalist: Harvard Innovation Lab President's Innovation Challenge**

**May, 2021**

Shamiri, a youth global mental health-focused 501(c)3 (which I co-founded), was selected as top 5 among hundreds of Harvard start-ups to compete at live pitch event for \$75k. Placed 3<sup>rd</sup>.

**ABCT Student Travel Award (\$500)**

**October, 2020**

Awarded to one student attending the Association for Behavioral and Cognitive Therapies conference each year; "highly competitive" award based on demonstrated innovation, independence, and initiative.

**SSCP Student Poster Competition Winner (\$200)**

**May, 2020**

Awarded by the Society for a Science of Clinical Psychology for outstanding student poster in clinical psychology.

**APA SCCAP Div. 53 Student Achievement Award in Research (\$1,000)**

**May, 2020**

Awarded by the APA Society of Clinical Child and Adolescent Psychology for outstanding student achievement in youth clinical psychology research.

**Phi Beta Kappa, Early Inductee**

**November, 2019**

Elected based on outstanding GPA, intellectual depth and breadth of coursework, and faculty recommendation.

**APA SCCAP Division 53 Student Poster Award (\$200)** **August, 2018**  
First author poster on the relationship between depressive symptoms and academic performance selected as best undergraduate poster.

**APS Student Volunteer Award (\$400)** **May, 2018**  
Competitive award for travel to the Association for Psychological Science Conference.

### **Grant Applications Submitted (Pending)**

**National Institute of Mental Health National Research Service Award** **Pending**  
PI on a grant entitled "Enhancing Clinical Decision-Making in Modular Youth Psychotherapy".  
Impact Score: 13; Top 4%

### **Research Grants and Fellowships**

**Fund for Innovation in Development (\$1,549,080)** **July, 2022**  
Co-Investigator on a grant given to Shamiri Institute to support testing of large-scale implementation of the Shamiri Wellness Intervention to 25,000 students over two years

**Harvard University Deans Competitive Fund for Promising Scholarship (\$53,526)** **May, 2022**  
Co-PI on project: "Testing a Single-Session, Digital 'Practicing the Opposite' Intervention for Youth Waiting for Mental Health Care at Community Clinics" (Co-PI: Professor John Weisz)

**Templeton World Charity Foundation (\$995,474)** **September, 2021**  
Co-PI on project: "Long-term health outcomes and dissemination strategies for adolescent character strength interventions" (Co-PI: Tom Osborn)

**APA Div. 29 Charles J. Gelso, Ph.D., Psychotherapy Research Grant (\$5,000)** **June, 2021**  
PI on grant supporting project: "Analyzing the Role of Individual Treatment Modules in Predicting Youth Psychotherapy Outcomes"

**COVID Era Virtual Care for Youth Mental Health in Ontario (\$118,000)** **August, 2020**  
Co-investigator on a project designing and delivering virtual psychotherapy to students across Ontario (PI: Professor John Weisz)

**Spark Grant (\$5,000)** **July, 2020**  
PI on award from the Harvard Innovation Lab to support the Shamiri Institute virtual training development and evaluation

**Social Impact Fellowship (\$20,000)** **June, 2020**  
PI on award from the Harvard Innovation Lab to support the Shamiri Institute in training lay-providers in Kenya to deliver the Shamiri Intervention

**Templeton World Charity Foundation (\$234,000)** **March, 2020**  
Scientific Sub-Director on grant awarded for RCT research project dismantling the Shamiri Intervention (PIs: Dr. Christine Wasanga, Dr. John Weisz)

- Science Education Office Travel Grant (\$800)** **October, 2019**  
For presentation at the Association for Behavioral and Cognitive Therapies conference in Atlanta, GA
- Harvard College Research Program Grant (\$900)** **October, 2019**  
For a pilot trial of a purpose intervention for adolescents
- Weissman International Program Fellowship (\$6,000)** **May, 2019**  
For two months travel and research in Kenya, working on an RCT with Kenyan adolescents
- Harvard College Research Program Grant (\$1,000)** **October, 2018**  
For continuing research on mental health and primary care in Santiago, Chile
- Harvard College Research Program Grant (\$1,000)** **May, 2018**  
For travel to the Association for Psychological Science and the American Psychological Association conferences
- Cordeiro Fellowship (\$2,215)** **April, 2018**  
Competitive fellowship awarded to undergraduates to perform summer research in global health  
Conducted research on the barriers and facilitators of mental health treatment in Santiago, Chile, as they relate to evidence-based practices and public healthcare policy; Presented findings
- BLISS Fellowship (\$2,850)** **March, 2018**  
Competitive fellowship awarded to ~15 undergraduates to perform summer research in social science  
Assisted with search strategy and screening for a meta-analysis comparing evidence-based psychotherapies to usual care
- Global Health and Health Policy Research Grant (\$500)** **November, 2017**  
For research on child growth stunting and maternal depression in low- and middle-income countries
- Harvard College Research Program Grant (\$500)** **October, 2017**  
For travel to the Association of Behavioral and Cognitive Therapies conference
- Harvard College Research Program Grant (\$1,000)** **October, 2017**  
For performing, transcribing, and coding qualitative interviews with former eating disorder patients
- Rozencrantz Discovery Grant (\$850)** **June, 2017**  
To conduct an independent research project on the psychiatric history of New York City

### **Peer-Reviewed Manuscripts and Chapters**

#### **Published:**

1. Weisz, J.R., **Venturo-Conerly, K.E.**, Fitzpatrick, O.M., Frederick J.A., & Ng, M.Y. (In press). What four decades of meta-analysis have taught us about youth psychotherapy and the science of

research synthesis. *Annual Review of Clinical Psychology*. <https://doi.org/10.1146/annurev-clinpsy-080921-082920>

2. **Venturo-Conerly, K. E.**, <sup>‡</sup>Reynolds, R., <sup>‡</sup>Clark, M., Fitzpatrick, O., Weisz, J.R., (2023). Personalizing Youth Psychotherapy: A Scoping Review of Decision-Making in Modular Treatments. *Clinical Psychology: Science and Practice*, 30(1), 45–62. <https://doi.org/10.1037/cps0000130>
3. **Venturo-Conerly, K.**, Fitzpatrick, O., & Weisz, J. (in press). Child and Adolescent Psychotherapy. In Markey, C. & Friedman, H. (Eds.), *Encyclopedia of Mental Health*, 3<sup>rd</sup> Edition. Elsevier: Amsterdam, Netherlands.
4. **Venturo-Conerly, K. E.**, <sup>‡</sup>Eisenman, D., Wasil, A., Singla, D., Weisz, J.R., (in press). Effectiveness of Youth Psychotherapy Interventions in Low- and Middle-Income Countries (LMICs): A Meta-Analysis. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2022.12.005>
5. Fitzpatrick, O., Cho, E., **Venturo-Conerly, K. E.**, Ugueto, A., Ng, M. Y., Weisz, J.R., (In Press). Empirically Supported Principles of Change in Youth Psychotherapy: A Meta-Analysis. *Clinical Psychological Science*. <https://doi.org/10.1177/21677026221120230>
6. Osborn, T. L., **Venturo-Conerly, K. E.**, Gan, J.Y., Rodriguez, M., Alemu, R., Roe, E., Arango, S., Wasil, A., Campbell, S., Weisz, J. R. Wasanga, C. (2022, Online First Edition). Depression and anxiety symptoms amongst Kenyan adolescents: Psychometric Properties, Prevalence Rates and Associations with Psychosocial Wellbeing and Sociodemographic factors. *Research on Child and Adolescent Psychopathology*. <https://doi.org/10.1007/s10802-022-00940-2>
7. **Venturo-Conerly, K.**, Johnson, N., Osborn, T., Puffer, E., Rusch, T., Ndeti, D., Wasanga, C., & Weisz, J. (2022). Long-term health outcomes of adolescent character strength interventions: three-to four-year outcomes of three randomized controlled trials of the Shamiri program. *Trials*, 23, 443. <https://doi.org/10.1186/s13063-022-06394-7>
8. Cwinn, E., Barry, E.A., Weisz, J.R., Bailin, A., Fitzpatrick, O.M., **Venturo-Conerly, K.**, and Crooks, C.V. (2022). Brief Digital Interventions: An Implementation-Sensitive Approach to Addressing School Mental Health Needs of Youth with Mild and Emerging Mental Health Difficulties. *Canadian Journal of Community Mental Health*. 41(3): 157-175. <https://doi.org/10.7870/cjcmh-2022-026>
9. **Venturo-Conerly, K.**, Wasil, A., Osborn, T., Puffer, E., Weisz, J., & Wasanga, C. (2022). Designing Culturally and Contextually Sensitive Protocols for Suicide Risk in Global Mental Health: Lessons from Research with Adolescents in Kenya. *Journal of the American Academy of Child and Adolescent Psychiatry*, 51(9), 1074-1077, <https://doi.org/10.1016/j.jaac.2022.02.005>
10. **Venturo-Conerly, K.**, Osborn, T., Roe, E., Alemu, R., Rodriguez, M., Gan, J., Arango, S., Wasil, A., Wasanga, C., & Weisz, J. (2022, Online First Edition). Single-session interventions for adolescent anxiety and depression symptoms in Kenya: A cluster-randomized controlled trial. *Behaviour Research and Therapy*. 151 <https://doi.org/10.1016/j.brat.2022.104040>

11. **Venturo-Conerly, K. E.**, Fitzpatrick, O.M., Horn, R.J., Ugueto, A.M., Weisz, J.R. (2022). Effectiveness of Youth Psychotherapy Delivered Remotely: A Meta-Analysis. *American Psychologist*, 77(1), 71–84. <https://psycnet.apa.org/doi/10.1037/amp0000816>
12. **Venturo-Conerly, K. E.**, Osborn, T.L., Wasil, A.R., Le, H., Corrigan, E., Weisz, J.R., Wasanaga, C. (2021, Online First Edition). Testing the Effects of the Shamiri Intervention and its Components on Anxiety, Depression, Wellbeing, and Academic Functioning in Kenyan Adolescents: Study Protocol for a Five-Arm Randomized Controlled Trial. *Trials*, 22, 829. <https://doi.org/10.1186/s13063-021-05736-1>
13. Osborn, T. L.\*, **Venturo-Conerly, K. E. \***, Arango, S., Roe, E., Rodriguez, M., Alemu, R., Weisz, J. R. (2021). Effect of Shamiri layperson-provided intervention vs study skills control intervention for depression and anxiety symptoms in adolescents in Kenya: a randomized clinical trial. *JAMA Psychiatry*, 78(8), 829-837. <https://doi.org/10.1001/jamapsychiatry.2021.1129>  
**\*Indicates shared first authorship**
14. **Venturo-Conerly, K. E.**, Roe, E., Wasil, A., Osborn, T. L., Ndeti, D., Wasanga, C., Weisz, J. (2021). Training and Supervising Lay-providers in Kenya: Strategies and Mixed-methods Outcomes. *Cognitive and Behavioral Practice*, 29(3), 666-681. <https://doi.org/10.1016/j.cbpra.2021.03.004>
15. Weisz, J. R., Fitzpatrick, O.M., **Venturo-Conerly, K.**, Cho, E., Process-based and principle-guided approaches in youth psychotherapy. (2021). *World Psychiatry*, 20(3) 378-380. <https://doi.org/10.1002/wps.20887>
16. Wasil, A.R., Osborn, T.L., **Venturo-Conerly, K.E.**, Wasanga, C., & Weisz, J.R. (2021). Conducting global mental health research: Lessons learned from Kenya. *Global Mental Health*, 8, E8. doi:10.1017/gmh.2021.7
17. Wasil, A., **Venturo-Conerly K.**, Gillespie, S., Osborn, T., Weisz, J. (2022). In Their Own Words: Using Open-Ended Assessment to Identify Culturally Relevant Concerns among Kenyan Adolescents. *Culture, Medicine and Psychiatry*, 46(2):297-321. doi: 10.1007/s11013-020-09706-1.
18. Murray, S., Skavenski van Wyk, S., Metz, K. ... **Venturo-Conerly, K.**, Wasil, A., Fine, S., Murray, L. (2021). A qualitative exploration of mechanisms of intimate partner violence reduction for Zambian couples receiving the Common Elements Treatment Approach (CETA) intervention. *Social Science and Medicine*. <https://doi.org/10.1016/j.socscimed.2020.113458>
19. Fitzpatrick, O., Bailin, A., **Venturo-Conerly, K.**, Wei, M., & Weisz, J. (invited chapter; 2022). FIRST: An efficient intervention for youths with multiple mental health problems. In S. Bennett, P. Myles-Hooton, J. Schleider, & R. Shafran. (Eds.), *Low Intensity Evidence-Based Interventions for Children & Young People*. Oxford University Press: New York, NY.
20. Osborn, T. L.\*, **Venturo-Conerly, K. E.\***, Wasil, A., Rodriguez, M., Roe, E., Arango, S., Weisz, J. R. (2020, November). The Shamiri group intervention for adolescent anxiety and depression: Study protocol for a randomized controlled trial of a lay provider-delivered, school-based intervention in Kenya. *Trials*, 21, 938.  
**\*Indicates shared first authorship**

21. Wasil, A. R., Gillespie, S., Patel, R., Petre, A., **Venturo-Conerly, K. E.**, Shingleton, R. M., Weisz, J. R., & DeRubeis, R. J. (2020, October). Reassessing evidence-based content in popular smartphone apps for depression and anxiety: Developing and applying user-adjusted analyses. *Journal of Consulting and Clinical Psychology*. <https://doi.org/10.1037/ccp0000604>
23. **Venturo-Conerly, K.**, Wasil, A., Dreier, M., Lipson, S., Shingleton, R., Weisz, J. (2020, August). Why I Recovered: A Qualitative Investigation of Factors Promoting Motivation for Eating Disorder Recovery. *International Journal of Eating Disorders*, 53(8), 1244-1251. <https://doi.org/10.1002/eat.23331>
24. Osborn, T., Wasil, A., **Venturo-Conerly, K.**, Schleider, J., Weisz, J. (2020, July). Group Intervention for Adolescent Anxiety and Depression: Outcomes of a Randomized Trial with Adolescents in Kenya. *Behavior Therapy*.
25. Osborn, T. L., Rodriguez, M., Wasil, A., **Venturo-Conerly, K. E.**, Gan, J., Alemu, R. G., Weisz, J. R. (2020, June). Single-Session Digital Intervention for Adolescent Depression, Anxiety and Well-being: Outcomes of a Randomized Controlled Trial with Kenyan Adolescents. *Journal of Consulting and Clinical Psychology*
26. Osborn, T., **Venturo-Conerly, K.**, Wasil, A., Schleider, J., Weisz, J. (2020, May). Depression and Anxiety Symptoms, Social Support, and Demographic Factors Among Kenyan High School Students. *Journal of Child and Family Studies*.
27. Wasil, A., **Venturo-Conerly, K.**, Patel, V., Shinde, S., Jones, P. (2020, Mar). Applying Network Analysis to Understand Depression and Substance Use in Indian Adolescents. *Journal of Affective Disorders*
28. Wasil, A., **Venturo-Conerly, K.**, Shingleton, R., Weisz, J. (2019, December). A Review of Popular Smartphone Apps for Depression and Anxiety: Assessing Inclusion of Evidence-Based Content. *Behavior Research and Therapy*.
29. **Venturo-Conerly, K.**, Wasil, A., Shingleton, R., Weisz, J. (2019, April). Recovery as an “Act of Rebellion”: A Qualitative Study Examining Feminism as a Motivating Factor in Eating Disorder Recovery. *Eating Disorders: The Journal of Treatment and Prevention*.
30. Wasil, A., **Venturo-Conerly, K.**, Shingleton, R., Weisz, J. (2019, March). The Motivating Role of Clinician and Peer Recovery Disclosures in Eating Disorder Recovery: A Qualitative Study. *Psychotherapy*.
31. Wasil, A., & **Venturo-Conerly, K.** (2018, May). Mental Health in the Classroom: A Review of School-Based Interventions to Prevent Depression. *The Undergraduate Research Journal of Psychology at UCLA*.
32. Bi, J., Gupta, P., Miclau, K., Ryan, S., Shen, Y., **Venturo-Conerly, K.**, & Wasil, A. (2017, November). A review of the biological aspects of autism spectrum disorder. *The Harvard Undergraduate Research Journal*.

### **Under Review and In Revisions:**

1. **Venturo-Conerly, K.**, Fitzpatrick, O., & Weisz, J. (invited chapter; in revisions). An Overview of Modular Approaches to Youth Psychotherapy. In Farrell, L., Murrhy, R., & Essau, C. (Eds.), *“Handbook of Treatment Modules for Youth Emotional and Behavioural Disorders: Guidelines for personalised care.* Elsevier: Amsterdam, Netherlands.

2. **Venturo-Conerly, K. E.**, Wasil, A., Osborn, T. L., Weisz, J. R., & Jones, P. J. (In Revisions). Internalizing symptoms and social support among Kenyan adolescents: A network analysis. <https://doi.org/10.31234/osf.io/f8czn>

### **In Preparation:**

**Venturo-Conerly, K.**, <sup>‡</sup>Hill, E., <sup>‡</sup>Spitzer, M., Webb, C., Mair, P., & Weisz, J. (In Preparation). The Role of Treatment Components in Modular Psychotherapy: Characterizing Use and Predicting Short and Long-Term Outcomes.

### **Published Abstracts:**

\*Wasil, A., \***Venturo-Conerly, K.**, Sardana, S., Foo, C., Verdelli, H. (In Press). A Formula for Feelings? Comparing Computer-Rated Sentiment in R to Human-Rated Sentiment. *Behavior Research and Therapy*.

### **Popular Press:**

**Venturo-Conerly, K.** and Wasil, A. (2017, October 10). Lost in Translation: The Case for Translational Research. *Harvard Political Review*. Retrieved from <http://harvardpolitics.com/harvard/translational-research/>

<sup>‡</sup>Indicates Trainee Author

### **Symposia Chaired**

**Venturo-Conerly, K.E.**, Fitzpatrick, O. (co-chairs) Toward Streamlined Psychotherapies: Understanding the Role of Specific Youth Psychotherapy Elements in Clinical Practice and Outcomes. Symposium Presented at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, New Orleans, LA. (2021, virtually, due to COVID-19)

**Venturo-Conerly, K.E.**, Increasing Access to Evidence-Based Care through Lay-Counselor-Delivered Interventions: Outcomes from Randomized Controlled Trials in Low- and Middle-Income Countries. Symposium Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA. (2020, virtually, due to COVID-19)

**Venturo-Conerly, K.E.**, Youth Global Mental Health and Implementation Science: Past Evidence and Future Directions. Symposium Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, Philadelphia, PA (2020, virtually, due to COVID-19).

### **Presentations**

**Venturo-Conerly, K.**, Reynolds, R., Hill, E., Clark, M., Fitzpatrick, O., Weisz, J. “Selecting Treatment Elements to Personalize Youth Psychotherapies: Scoping Review and Future Directions.” Paper to be Presented at the 2023 European Conference on Developmental Psychology, Turku, Finland.

**Venturo-Conerly, K.**, Reynolds, R., Clark, M., Fitzpatrick, O., Weisz, J. “Modular youth psychotherapies: scoping review and future directions.” Paper to be Presented Virtually at the 54<sup>th</sup> Annual Society for Psychotherapy Research Conference, Dublin, Ireland.

Johnson, N., **Venturo-Conerly, K.**, Osborn, T., Wasanga, C., Ndeti, D., Coppersmith, D. “Ethical considerations related to managing risk when conducting youth treatment research in low-and middle-income countries.” Panel presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

Puffer, E.S., Barnett, M., **Venturo-Conerly, K.**, Giusto, A., Magidson, J.F., Nagy, G.A. “Task sharing” to bridge the mental health treatment gap: Strategies, Challenges, and Opportunities for training non-specialists to participate in care.” Clinical Roundtable presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

Eisenman, D., <sup>±</sup> **Venturo-Conerly, K.**, & Weisz., J. Effectiveness of Youth Psychotherapy Interventions Delivered in Schools: A Meta-Analysis of Randomized Controlled Trials. Poster presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

**Venturo-Conerly, K.**, Horn, R., & Weisz., J. Which Therapeutic Elements Best Predict Youth Psychotherapy Outcomes? A Machine Learning Analysis of the MATCH Randomized Controlled Trials. Paper Presented at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, (virtually, due to COVID-19).

**Venturo-Conerly, K.**, Fitzpatrick, O., Horn, R., Ugueto, A., & Weisz., J. A Meta-Analysis of the Effectiveness of Remotely-Delivered Youth Psychotherapies. Paper Presented at the Association for Behavioral and Cognitive Therapies 55th Annual Convention, (virtually, due to COVID-19).

**Venturo-Conerly, K.E.**, Roe, E., Osborn, T.L., Wasil, A.R., Wasanga, C., Weisz, J.R. Training and Supervising Lay-Providers in Kenya: A Mixed-Methods Study of the Shamiri Intervention Trial. Paper Presented at the European Association for Behavioral and Cognitive Therapies Annual Convention, (virtually, due to COVID-19).

<sup>§</sup>**Venturo-Conerly, K.E.**, Osborn, T.L., Wasil, A.R., Wasanga, C., Weisz, J.R. School-based, Lay-provider-delivered Single-session Interventions Reduced Anxiety in Kenyan Adolescents: Outcomes from A Randomized Controlled Trial. Paper Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, (virtually, due to COVID-19).

Osborn, T.L., **Venturo-Conerly, K.E.**, Wasil, A.R., Alemu, R.A., Wasanga, C., Schleider, J., Weisz, J.R. A Four-week Group Intervention Reduces Adolescent Depression and Anxiety in Kenya: Outcomes of a Randomized Clinical Trial of the Shamiri Intervention. Paper Presented at the



Association for Behavioral and Cognitive Therapies 54th Annual Convention, (virtually, due to COVID-19).

Wasil, A., Gillespie, S., Patel, R., Petre, A., **Venturo-Conerly, K. E.**, Shingleton, R., Weisz, J., DeRubeis, R. Smartphone Apps for Depression and Anxiety: A Systematic Review of Evidence-based Content and an Application of User-adjusted Analyses. Paper Presented at the Association for Behavioral and Cognitive Therapies 54th Annual Convention, (virtually, due to COVID-19).

**\*Venturo-Conerly, K. E.**, Osborn, T. L., Wasanga, C. Weisz, J. R. (May, 2020). School-Based, Lay-Provider-Delivered Single-Session Interventions Reduce Anxiety in Kenyan Adolescents: Outcomes from a Randomized Controlled Trial. Poster Presented at the Association for Psychological Science conference (virtually, due to COVID-19).

**Venturo-Conerly, K. E.**, Wasil, A., Osborn, T. L., Schleider, J., Weisz, J. R. (2019, November). A Brief School-Based Intervention Reduces Depression and Anxiety Symptoms in Kenyan Adolescents: Findings from a Pilot Randomized Controlled Trial. Poster presented at the Association for Behavioral and Cognitive Therapies conference in Atlanta, GA.

Wasil, A., **Venturo-Conerly, K. E.**, Osborn, T. L., Weisz, J. R. (2019, November). Adapting Wise Interventions for Kenyan Adolescents: Lessons from a Randomized Controlled Trial. Poster presented at the Association for Behavioral and Cognitive Therapies conference in Atlanta, GA.

Wasil, A., **Venturo-Conerly, K. E.**, Trepka, K., Micalu, K., Arango, S., Vaynrub, A., Shinde, S. (2019, May) Depressive Symptoms Vary in Prevalence Among Low-Income Indian Adolescents: Illustrating the Potential of Item-Level Analyses. Poster presented at the 31st Association Psychological Science conference in Washington, DC.

**Venturo-Conerly, K.**, Wasil, A., Shingleton, R., Weisz, J. R. (2019, March). Stories of Recovery Motivate Recovery from Eating Disorders. Poster presented at the International Conference on Eating Disorders in New York, NY.

Trepka, K., **Venturo-Conerly, K.**, Patel, V. (2019, January). Depressive Symptoms as Predictors of Suicide in Indian Adolescents. Poster presented at the 5th National Collegiate Research Conference in Cambridge, MA.

**Venturo-Conerly, K.**, Wasil, A., Weisz, J. Self regulation in youth psychotherapy: A systematic review of randomized controlled trials. (2018, November). Poster presented at the 52nd Association for Behavioral and Cognitive Therapies conference in Washington, DC.

**\*\*Venturo-Conerly, K.**, Wasil, A., Evans, S., Fite, P. (2018, August). Depressive Symptoms Predict Academic Performance in Elementary School Children. Poster presented at the 126th American Psychological Association conference in San Francisco, CA.

Wasil, A., **Venturo-Conerly, K.**, Saffran, K., Shingleton, R., Fitzsimmons-Craft, E., Kass, A., Trockel, M., Wilfley, D., Taylor, C. (2018, August). Effects of Peer Relationships and Facebook on Eating Disorder Treatment Outcomes: A Text-Analysis. Poster presented at the 126th American Psychological Association conference in San Francisco, CA.

**\*\*\*Venturo-Conerly, K.,** Wasil, A., Sardana, S., Foo, C., Verdeli, H. (2018, May). A Formula for Feelings? Comparing Computer-Rated Sentiment in R to Human-Rated Sentiment. Poster presented at the 30th Association Psychological Science conference in San Francisco, CA.

Wasil, A., **Venturo-Conerly, K.** (2018, May). Mental Health on the App Store: Comparing Evidence-Based Apps to Commercial Apps Using the Mobile Apps Rating Scale. Poster presented at the 30th Association Psychological Science conference in San Francisco, CA.

**Venturo-Conerly, K.,** Wasil, A. (2018, January). The Relationship Between Maternal Depression and Child Growth Impairment: A Systematic Literature Review. Poster presented at the 4th National Collegiate Research Conference in Cambridge, MA.

Corteselli, K., Wasil, A., **Venturo-Conerly, K.,** Hungerford, G., Weisz, J. (2017, November). The Relationship Between Depressive Symptoms and Academic Functioning in Middle School Students. Poster presented at the 51st Association of Behavioral and Cognitive Therapies conference in San Diego, California.

**\*\*Awarded best overall undergraduate poster by APA Division 53**

**\*\*\*Selected for publication in *Behavior Research and Therapy***

**&Winner of the Society for a Science of Clinical Psychology Student Poster Competition**

**§Winner of the ABCT Student Travel Award**

**±Indicates Trainee Author**

## Research Experience

### Harvard Lab for Youth Mental Health

Cambridge, MA

Doctoral Student, Undergraduate Volunteer (PI: John Weisz)

January 2017 – Present

--Served as scientific lead and Co-I on several studies of lay-person-led interventions for Kenyan students; completed IRB protocol, grant applications, study design, and data analysis

--Initiated work on evidence-based decision making in modular youth psychotherapy, using machine learning approaches (i.e., LASSO and random forest) and scoping review

--Completed other research (see publications below) on streamlined and tailored transdiagnostic interventions for youth mental health problems, including brief digital interventions, modular interventions, and brief, wise interventions for international youth

### Columbia Global Mental Health Lab

New York, New York

Research Assistant and Collaborator (PI: Helen Verdeli)

July 2017 – December 2019

--Collaborated on qualitative interview project exploring the relationship between maternal depression, social support, caregiving behaviors, and child growth stunting in northern Uganda

--Created 11-page document to train lay providers and clinicians to assess and respond to suicidality

--Completed literature reviews concerning compensation of lay-providers in LMICs

--Led independent research comparing human sentiment to quantitative sentiment analysis in R

### Center for Humanitarian Health at Johns Hopkins University

Baltimore, Maryland

Research Assistant; Collaborator

November 2017 – August, 2020

--Completed literature reviews on HIV interventions and digital mental health interventions

--Edited adult modular treatment manual (CETA)

--Coded transcripts from an intervention for families facing alcoholism and domestic violence in Zambia

**Systems Neuroscience of Psychopathology Lab**

Cambridge, MA

Research Assistant (PI: Josh Buckholtz)

January 2017 – June 2019

--Assisted with screening of studies for meta-analysis on the clinical implications of self-regulation

--Assisted in conceptualizing a project using network analysis to analyze symptom trajectories

**Boston University Center for Psychiatric Rehabilitation**

Boston, MA

Collaborator (PI: Kim Mueser and Susan McGurk)

July 2017 – March 2018

--Assisted with meta-analysis on the effectiveness of cognitive remediation and vocational rehabilitation for patients with serious mental illness

**Clinical, Service, and Volunteer Experience**

**Boston University Child Center for Anxiety and Related Disorders**, Boston, MA      July 2022 –  
Clinical Practicum Student      June 2023

Supervisors: Ovsanna Leyfer, PhD, Alyssa Farley, PhD, & Rachel Merson, PhD

--Provided child- and parent-focused intervention for children with selective mutism at an intensive week-long camp called “Brave Bunch”

--Trained and supervised in Child ADIS and SM-BOT administration with child and parent, case presentation, and assessment report-writing

--Carried a caseload of six treatment-seeking families with disorders including OCD, Social Anxiety, ADHD, GAD, selective mutism, and misophonia. Met weekly with each family in person and virtually.

**OCD Institute at McLean Hospital**, Belmont, MA

June 2021 – August 2022

Clinical Practicum Student

Supervisors: Carol Hevia, PsyD & Jason Krompinger, PhD

--Performed Exposure and Response Prevention Therapy with clients 2 days/week; Wrote clinical notes on sessions

-- Co-led and co-designed weekly goals and values group over videoconferencing

--Trained and supervised (weekly) in SCID administration and assessment report-writing

--Received weeklong training and twice weekly supervision in ERPs and related CBT, ACT, and motivational techniques

**Shamiri Institute., Inc., 501(c)3** Cambridge, MA & Nairobi, Kenya

April 2019 – Present

Co-Founder, Scientific Director

Supervisors: Christine Wasanga, PhD, John Weisz, PhD, David Ndeti, PhD

--Data-driven non-profit, aiming to foster psychological innovations for the benefit of youth in sub-Saharan Africa

--Led design of intervention and training protocols for lay-providers and supervisors (for details on intervention, training, and supervision protocols, including emergency protocols for lay-providers and supervisors, see <https://osf.io/6g3z5/> and <https://osf.io/vynw9/>)

--Trained over 20 lay-counselors in basic counseling and crisis management skills, ethical guidelines, and specific intervention protocols; supervised in collaboration with experts. Co-designed and assisted with training of supervisors.

**Cambridge Health Alliance, Cambridge, MA**

Clinical Practicum Student

January 2021 – May 2021

Supervisor: Adam Conklin, PhD

--Observed clinical interviews and treatment planning in an outpatient clinic and inpatient hospital setting with youth and adult patients

--Received training in key clinical skills including interviewing, diagnosis, and treatment planning

**Room 13 Peer Counseling, Harvard College**

Peer Counselor

August 2017 – December 2019

Primary Supervisor: James O'Rourke, PsyD

--Received (and participated in giving) 50 hours/year of professional training in non-judgmental, non-directive counseling techniques

--Staffed peer-counseling drop-in room and phone-line from 7PM to 7AM 2-4 times per month

**NAMI (National Alliance on Mental Illness) Mercer, New Jersey**

Intern

March 2016 – August 2016

--Fielded helpline calls from mental health consumers and family members; led support groups

--Represented NAMI at events; assisted executive director with fundraising and resource database

**Good Grief, Inc., Princeton, NJ**

Intern

February 2016 – August 2016

--Supported directors and staff of grief counseling non-profit in development and program offices by preparing activities, greeting families, researching potential donors, and building database information

--Completed week-long training in group grief counseling techniques

**Harvard College Global Mental Health Coalition**

Student Organizer

September 2017 – May, 2019

--Organized the first ever Global Mental Health Open Day at Harvard

--Created and led a "How to Support your Friends" workshop to teach peer counseling skills to students

**President, Harvard College Mental Health Research Group**

Secretary

September 2018 – September 2019

-- Developed research curriculum and provided consultation to ~15 undergraduates

-- Led students to have a paper accepted to an undergraduate journal, and posters to conferences

--Recruited speakers (5-10/year) from labs and non-profits to host presentations

**Harvard Student Mental Health Liaisons**

House Representative

October 2016 – September 2018

--Hosted office hours and events to educate student body on mental health resources and healthy habits

--Ran workshops to educate over 200 incoming freshmen per year about mental health resources

**Clinical Trainings Attended** (not including practicum experiences):

**Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents**

Leaders: Jill Ehrenreich-May, PhD

August, 2020

Received two-day online training in the UP for Children and Adolescents

**Evidence-Based Practice in Virtual Care and Virtual Youth FIRST Training** July, 2020

Leaders: John Weisz, PhD, Sarah Kate Bearman, PhD, and Abby Bailin, PhD

Training in evidence-based youth assessment and intervention practices in virtual care. Focused on principles of youth CBT interventions presented in a modular format for delivery in schools (Principles in FIRST: Feeling Calm, Increasing Motivation, Repairing Thoughts, Solving Problems, Trying the Opposite)

**Global Mental Health Summer Institute** May, 2018

Leaders: Helen Verdeli, PhD, and Kathleen Clougherty, L.C.S.W.

Training in Group Interpersonal Psychotherapy and the World Health Organization (WHO) Mental Health Gap (mhGap) Humanitarian Intervention Guide

### **Industry Experience**

**ARETE, Inc.**

New York, New York

Research Consultant

August 2018 – February 2019

--Consulted with the creators of a positive psychology-based in-person therapy and mobile app to design a therapy protocol and tests of therapy effectiveness

**DynamiCare Health, Inc.**

Cambridge, MA

Research Consultant

February 2017 – Sept 2017

--Consulted with the creators of an addiction recovery app to design and implement an effectiveness trial

**Janssen Pharmaceuticals Neuroscience Division**

Titusville, NJ

Intern

June 2017 – August 2017

--Developed survey to understand physician and patient issues with a drug; analyzed 200 responses

--Offered suggestions better to train physicians which led to significant changes in business plan for the next year; received return job offer

--Created and delivered training on SAMHSA community mental health initiative (CMHCs) to Janssen staff

### **Teaching Experience**

**MBB S-102: Neuroscience and Psychology Research**

Cambridge, MA

**Teaching Assistant**

February 2020 – August 2020; February 2021 – August 2021

-Assisted with syllabus/ lecture design, office hours, and grading; Gave 2-hour guest lecture on global mental health research.

-Received an average student rating of 4.9/5.0.

**PSY1900: Introduction to Statistics for the Behavioral Sciences**

Cambridge, MA

**Teaching Assistant**

February 2020 – May 2020

- Designed and delivered weekly lectures, graded assignments, held office hours, and offered coding support; assisted with transition to Zoom (remote teaching).

**Homefront, Inc.**  
**Volunteer Tutor**

--Tutored students facing housing insecurity and behavioral concerns in academic and executive functioning skills

Hopewell, NJ  
February 2016 – August 2016

**Invited Talks**

- 2020                      Global Mental Health at Harvard Research Seminar Series, Cambridge, MA
- 2020                      School Mental Health Ontario, Ontario, Canada
- 2021                      NIH Advisory Committee on Research on Women's Health, Bethesda, MD
- 2020-2022              Becoming a Brain Scientist: Neuroscience and Psychology Research, Cambridge, MA
- 2022                      Columbia Global Mental Health Seminar Series, New York, NY

**Media Coverage**

<https://news.harvard.edu/gazette/story/2023/03/worried-about-childs-mental-health-youre-not-alone/>

[Research Highlight – Nature Reviews Psychology: “Scalable adolescent mental-health treatment”](#)

[Shamiri Institute - Harvard Innovation Labs](#)

<https://pic2021.innovationlabs.harvard.edu/team/shamiri-institute>

<https://www.nasdaq.com/articles/katherine-venturo-conerly%3A-supporting-mental-health-helps-kenyan-youth-thrive-2021-04-30>

[How Shamiri Institute is shaping the future of mental health in Africa \(the-star.co.ke\)](#)

**Mentorship Experience**

2022- Michael Spitzer, University of Haifa, Presently in Lab.

2022- Sarah Kim, Simmons University, Presently in Lab.

2021- Emma Hill, Simmons University, Presently in Lab. Selected as Passionate Leaders Project Fellow.

2021- 2022 Rachel Reynolds, Harvard University. Selected as BLISS Fellow. Presently a Post-Baccalaureate Research Fellow at McLean Hospital, Harvard Medical School.

2020-2021 Nicole Iannella, Harvard University. Presently a Research Assistant at Boston Medical Center Department of Pediatrics.

2020-2021 Huong Le, Harvard University, Shamiri Institute. Selected for HCRP fellowship.

2020- Danielle Eisenman, Harvard University, Presently in Lab. Selected for HCRP fellowship.

2020- 2022 Malia Clark, Harvard University, Presently at Global Health Strategies.

2020- Moti Heda, Harvard University, Shamiri Institute, Presently at Shamiri Institute.

2021- Marlyn Li, Brookline High School, Summer 2021 intern.

### **Professional Affiliations**

American Psychological Association, Division 53, Society for Clinical Child and Adolescent Psychology  
Association for Behavioral and Cognitive Therapies  
Association for Psychological Science  
Society for a Science of Clinical Psychology

### **Ad Hoc Reviewer:**

Journal of Adolescent Health  
American Psychologist  
Journal of Consulting and Clinical Psychology  
Trials  
Behavior Research and Therapy  
Applied Psychology: Health and Well-Being  
Cognitive and Behavioral Practice  
Journal of Clinical Child and Adolescent Psychology

**Languages:** Proficient Spanish, beginning French, beginning Swahili

**Interests:** Cooking, baking, animal welfare, bunnies, music

**Technical Skills:** Experienced R (e.g. lmer, robumeta, qdap, networktree, glmnet); basic Python, SPSS, and SAS; proficient Qualtrics; basic RedCap; proficient EndNote and Zotero; MRI yellow badge; expense reporting (Concur)S